

MAGGIANO'S

LITTLE ITALY®

NOTICE BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR MANAGER OR CONTACT THE
RESTAURANT IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY

Allergen/Vegetarian/Vegan Menu Effective: 8/28/25

X Denotes Contains Allergens ***VT** Designates Vegetarian ****VG** Designates Vegan

All items are listed *as served* , unless otherwise noted

Allergen Information - If a person in your party has a food allergy, please contact the restaurant or notify a manager before placing your order. The health and safety of our guests are always top priorities. As part of this ongoing commitment, we provide the most current allergen menu information available from our food suppliers on the nine most common allergens including egg, fish, milk, peanut, shellfish, sesame, soy, tree nuts, and wheat/gluten. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques, and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. Limited time offers, test products, or regional items have not been included on these menus. Menu items may contain or come into contact with wheat, eggs, shellfish, tree-nuts, milk and other major allergens. Because routine food preparation techniques, such as common oil frying and use of common food preparation equipment and surfaces, may allow contact among various food items, we cannot guarantee any food items to be completely allergen-free.

<i>Appetizers</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Bruschetta			X					X	X	VT
Calamari Fritte	X		X						X	
Crab Cakes	X		X			X	X		X	
Crispy Mozzarella			X						X	
Zucchini Fritte	X		X						X	VT
Flatbread Italian Sausage			X				X		X	
Flatbread Margherita			X				X		X	VT
Italian Meatballs	X		X						X	
Stuffed Mushrooms			X						X	
Table Rolls(1 each)									X	VG
Garlic Bread			X						X	VT

<i>Salads</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Add Chicken										
Add Parmesan-Crusted Chicken	X		X						X	
Add Salmon		X								
Add Shrimp						X				
Chef's Signature Caesar Salad	X	X	X						X	
Italian Chopped Salad			X						X	VT
Maggiano's Salad			X							
<i>Pasta</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Fettuccine Alfredo			X						X	VT
Fettuccine Alfredo with Chicken	X		X						X	
Fettuccine Alfredo with Shrimp			X			X			X	
Fettuccine Bolognese	X		X						X	
Four Cheese Ravioli	X		X					X	X	
Lasagna	X		X						X	
Linguine di Mare			X			X			X	
Linguine Vongole			X						X	
Mushroom Ravioli	X		X						X	
Our Famous Rigatoni "D"			X						X	
Rigatoni alla Vodka			X						X	
Shrimp Fra Diavolo			X			X			X	
Spaghetti & Meat Sauce			X						X	
Spaghetti & Meatball w/Marinara Sauce	X		X						X	
Spaghetti w/Marinara									X	VG
Substitute Gluten-Free Fusilli	X									VT
Wagyu Beef Stuffed Shells			X						X	

<i>Chicken</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Chicken Francese	X		X						X	
Chicken Marsala	X		X				X		X	
Chicken Parmesan	X		X						X	
Chicken Piccata	X		X						X	
<i>Seafood</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Blackened Salmon w/Crispy Calabrian Shrimp	X	X	X			X			X	
Branzino Crab Imperial	X	X	X			X	X		X	
Lobster Carbonara			X			X			X	
Shrimp Scampi			X			X			X	
Simply Grilled Salmon		X	X							
<i>Steak & Veal</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
16 oz Bone-In Prime Ribeye			X				X			
Add Crab Cake	X					X	X		X	
Add Crispy Calabrian Shrimp	X		X			X			X	
Beef Tenderloin Medallions			X				X		X	
Center-Cut Filet Mignon			X				X			
New York Strip			X				X			
Surf & Turf			X			X	X		X	
<i>Sides</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Crispy Vesuvio Potatoes			X							VT
Fresh Grilled Asparagus			X							VT
Fresh Grilled Asparagus w/o Cheese										VG
Garlic Mashed Potatoes			X							VT
<i>Sides</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Roasted Garlic Broccoli										VG
Spaghetti Aglio Olio			X						X	VT
Spaghetti Marinara									X	VG

<i>Desserts</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Apple Crostada			X						X	VT
Chocolate Cake	X		X				X		X	VT
Crème Brulee	X		X							VT
Italian Donuts			X				X		X	VT
NY Style Cheesecake	X		X				X		X	VT
Tiramisu	X		X				X		X	
Vanilla Bean Ice Cream			X							VT
Vera's Lemon Cookies	X		X				X		X	VT
<i>Kids</i>	Egg	Fish	Milk	Peanut	Sesame	Shellfish (crustacean)	Soy	Tree Nuts	Wheat/ Gluten	VT/VG
Breaded Chicken	X		X						X	
Cheese Flatbread			X				X		X	VT
Cheese Ravioli	X		X						X	VT
Grilled Chicken Breast			X							
Lasagna with Marinara	X		X						X	
Mac 'N Cheese a la Maggiano's			X						X	VT
Pasta w/Alfredo			X						X	VT
Pasta w/Butter			X						X	VT
Pasta w/Marinara									X	VG
Spaghetti & Giant Meatball	X		X						X	

Vegetarian (VT)/Vegan (VG) - Our corporate dietitian has identified which menu items meet our vegetarian and vegan standards. Vegetarian (VT) items contain no beef, pork, poultry, fish, shellfish or ingredients derived from animals (e.g., gelatin, chicken broth), but items may contain eggs or milk. Vegan (VG) items contain no animal-derived products. Because we use shared fryers and grills in our restaurants, fried or grilled foods are exposed to animal product during the cooking process (e.g., Crispy Vesuvio Potatoes in same oil as Breaded Chicken).

Soy Allergies - Many of our foods contain soybean oil and our fried items are prepared in 100% soybean oil. Under FDA regulations highly refined soybean oil is not considered allergenic and is exempt from labeling. Therefore, menu items that contain highly refined soybean oil will not be identified as containing soy on our allergen guide unless other forms of soy protein are present (e.g., hydrolyzed soy, soy flour, miso, edamame). Please check with your doctor to find out whether you should avoid highly refined soybean oil.